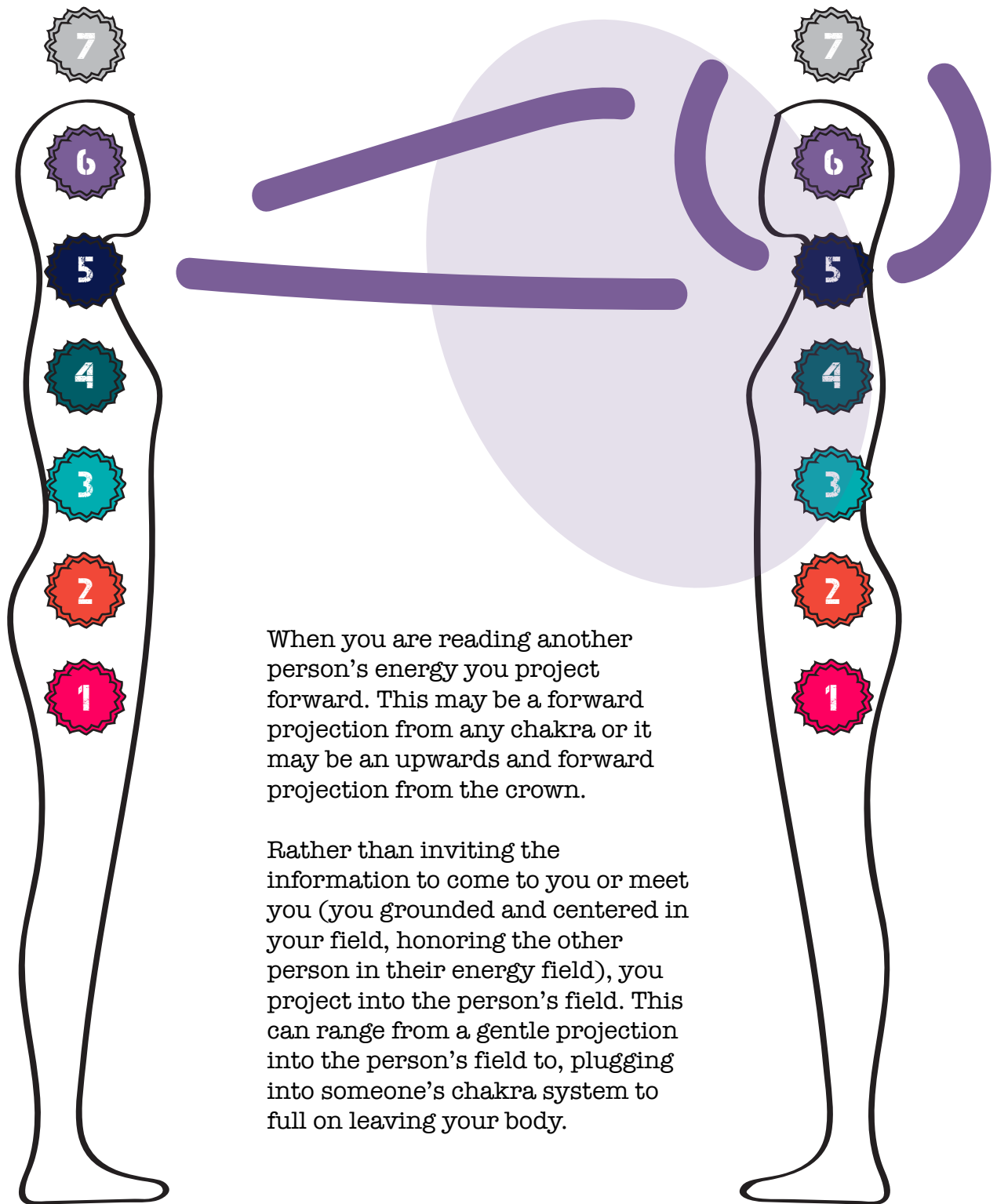


READING

Energetic Anatomy



When you are reading another person's energy you project forward. This may be a forward projection from any chakra or it may be an upwards and forward projection from the crown.

Rather than inviting the information to come to you or meet you (you grounded and centered in your field, honoring the other person in their energy field), you project into the person's field. This can range from a gentle projection into the person's field to, plugging into someone's chakra system to full on leaving your body.