

WORTH

3-5 Solar Plexus-Pancreas

Worth

Worth is the energetic basket that holds and maintains the integrity of the solar plexus. It helps to create clear energetic layers and boundaries within our entire energy field. Worth encompasses the solar plexus and beams outward from the deepest part of this center. Worth is the food of the solar plexus, the light that comes from within. The pancreas anchors this energy in the body.

Priority Pathway

To shift stuck energy between this priority pathway, place one hand over the solar plexus and one hand over the pancreas. Bring your awareness to the space between these two points. Invite any intuitive information to surface in the form of a symbol, color, word or sensation. Breathe this information in.

pancreas

Activation Symbol

Using the Chakredy® activation symbol for this priority pathway, call forth the universal energy of worth. How can you sense this energy running through your system.

Energetic Presentation

Connect with the energetic presentation of the Chakredy® Grid energy. This is a pattern in which the energy of worth can flow (depicted in chart). When you intentionally call forth this energetic pattern into your experience it can be easier to embody this specific energy and return to it tangibly, with awareness and intention.

Shifts + Healing

Powerful energetic shifts and healing can take place simply with identifying this priority pathway and bringing your awareness to it. Calling in the universal healing energy that connects these two points and intentionally embodying the energetic presentation of the healing energy is huge. Notice any shifts. Return to this often. Chakredy™ vibrational remedies can help to anchor energetic shifts within the body and energy field.