

PRIORITIES

Taking Your Top 10

We have discovered the power of prioritizing. Whatever area you are applying pendulum work to, it can provide clarity. Let's say that your background is in nutrition and you are working with someone who has a thyroid issue. Think of 10 ways that you could support this person. What would those various routes of support entail?

1. Write down these 10 approaches to support.
2. Take your pendulum and go over the chart. Ask the energy to prioritize each of these approaches in order.
3. What insight do you gain from priority ranking these 10 solutions?

We can bridge the intellect and the intuition by honoring each. Allow the intuitive information to come through the back of the third eye chakra at the head. Notice what you instantly know or hear or see. As this impression moves through the back or the sides of the head, then allow the intellect to capture it and begin processing potential connections.

